

Baron Buzz

October 24, 2017

Volume 51, Issue 3



Dates to Remember

October

25, Middle School Students ONLY, NO SCHOOL

26, **NO SCHOOL**—Parent/Teacher Conferences, 12:00-4:00; 5:00-7:00 p.m., Old Gym; Book Fair, Commons

27, **NO SCHOOL**—Parent/Teacher Conferences, 8:00-10:00 a.m., Old Gym; Book Fair, School Commons

28-29, Book Fair after all masses
31, Happy Halloween; Kndg. Pumpkin carving, 9-11:00 a.m., Cafeteria; Trash bag Jeans Day for those students that sold 10 or more rolls of trash bags (a coupon will be given to qualifying students)

November

1, **NO SCHOOL**, All Saints Day

2, **All School Mass**; Pizza Lunch Day; Scholars' Bowl Meet @ St. Catherine of Sienna, 4:00 p.m.; Learning w/ Legos Class, 3:20-4:20 p.m., Library
3, **All School Mass**; \$1 Jeans Day; 1st Friday MS Adoration; Benediction, Grs. 3-8, 2:30 p.m.

4, 2nd Baron Benefit, 6:30 p.m.

7, Picture Retake Day plus 3 yr. olds, 10:15-12:15 p.m.

8, Choir Rehearsals, 3:20-4:05 p.m.

9, 8th graders Future Crusader Day
10, **All School Mass—Veteran's Day Celebration**; Jeans Day w/patriotic shirt (red, white &/or blue)

13, 5th Gr. Human Growth & Development Talk, 6:30 p.m., Girls-Library; Boys-St. Joseph's Hall

14, Winter Sports Pictures, 3:30-5:30 p.m., MS Basketball & 8th gr. Cheerleaders

16, Kndg. Pumpkin Pie Making, 9:00-11:00 a.m., Bishops' Hall; Learning w/ Legos Class; Give Back Night @ Jason's Deli

17, **All School Mass**; Box Tops Jeans Day for qualifying classes; Kndg. Feast Day, 11:00-noon, Bishops' Hall; Fall Pep Rally, 2:30 p.m., Old Gym
20-21, **NO SCHOOL**, Teacher In-Service

22-24, **NO SCHOOL**, Thanksgiving Break—Happy Thanksgiving!

27, Hearing Screenings—Grs. K, 2, 4, 6, 8 & new students

29, Choir Rehearsal

30, Learning w/Legos Class, Library

Blessed Sacrament Catholic School

From the Desk of Mr. Dester:

Parents,

It is hard to believe we are done with the first quarter of the school year. I thought this would be a good opportunity to review our homework guidelines. It seems like each year there is a parent that comes to me in February or March and tells me that their child is doing 3 or 4 hours of homework per night. 3 or 4 hours a night is way too much and your student is not learning anything after 1 or 2 hours of work. We assign homework to give the students a chance to independently practice the skills they are learning at school. There will be days that the students have more homework than the guidelines suggest but it should not be a normal occurrence. If your student is exceeding the guidelines please contact the teacher to start investigating the situation. Usually this is cleared up by the teacher keeping the student on task at school but sometimes it is a flag for us to get our learning strategies teachers involved to get the student the help needed. You can find the guidelines on page 6 of the agenda.

Dan Dester



Announcements

VETERAN'S DAY MASS: Attention all active and retired military personnel: You are cordially invited to attend the Veteran's Day Mass at 8:00 on Friday, November 10th at Blessed Sacrament Catholic Church. A light breakfast will be served afterward in the Commons of the school. Please RSVP to the school office @ 684-3752 before November 3rd with a headcount for the breakfast only. We look forward to celebrating this special day with you.

BOXTOPS & CAMPBELLS SOUP LABELS: We have another mailing that needs to be sent on the 1st of November. Bring your box tops to the office during conferences in an envelope or baggie with your student's(s') classroom teacher's name on it so that the classroom will receive credit for them.

The Campbell's Soup label rewards program is ending soon. Please send any non-expired soup labels with your students or drop them off in the school office. We use these reward points to obtain new PE and recess equipment. Thank you!

LOST AND FOUND: Now that the weather is turning colder we seem to be collecting more jackets, coats and hoodies as well as a large number of lunch boxes/bags. Please check the lost and found in the vestibule outside the old gym if your student is missing items. We will have the tables in the old gym during conferences. Thank you.

FROM THE SCHOOL OFFICE: Please remember to send a note to school, email your child's teacher and Mary Knorp mknorp@blessedsacramentwichita.com and Michelle Hittner, mhittner@blessedsacramentwichita.com or call and leave a message on the school answering machine, when your child will be absent so that it can be correctly reported in PowerSchool—also please indicate if your student will be having a hot or cold lunch the next day.

Also, when your student is absent due to an appointment **before school** or during the school day a note from that appointment must be presented at check-in even if you have notified the office prior to the appointment.

FROM THE HEALTHROOM: Parents, Please make sure your children are getting breakfast before coming to school. There are many kids coming in complaining of stomachaches and have not eaten breakfast. Breakfast is the most important meal of the day and helps your child have a great start to their day! Thank you.

FROM THE LUNCHROOM: Please check your child's(rens') lunch calendar each evening to make sure if your child has a hot or cold lunch. We have had student's come down for a hot lunch that was not ordered and this causes a problem with running out of food for those students that have ordered a hot lunch. Thank you.

OUT AND ABOUT WITH PAM LOYLE: Flashlight Friday was observed by the entire intermediate floor. Third through fifth grade students brought

flashlights (and maybe a pillow and blanket to use as a make-shift tent) to snuggle up with a book in the dark. The excitement was high as each student was armed with what they hoped would be a "good" book and found their perfect spot to quietly read.

Fifth grade students are broadening their career opportunities by listening to parents speak about their careers. Guest speakers present to the students periodically as a part of a career exploration initiative. Middle school students will have numerous career speakers second semester as a part of their elective program.

The gourds are back! Fourth grade students created wild creatures from gourds of all sizes and shapes. The bring-you-own gourd fest was complete with sequins, feathers, pipe cleaners, eyes, buttons, and anything imaginable that could be super glued to a gourd. They named their creatures and displayed them in the hall.

The frogs are back—not very willingly, though. Seventh grade students, under Ms. Sauber's guidance and with the help of numerous parents, dissected frogs. This was a great activity. The brave of heart dived right in and the faint of heart remained vertical throughout the process. A great deal was learned by all. (We won't go into detail!)

Something to Think About...

My
Children,
The
Three
Acts
of
Faith,
Hope,
And
Charity
Contain
All
The
Happiness
Of
Man
Upon
The
Earth.

John Vianney

Numbers You May Need:

Blessed Sacrament School
Phone: 684-3752
Fax: 687-1082
E-mail: mhittner@blessedsacramentwichita.com

Blessed Sacrament Parish
Phone: 682-4557
Fax: 682-4558
E-mail: rhittner@blessedsacramentwichita.com

Kapaun Mt. Carmel
Phone: 634-0315
Fax: 636-2437

Bishop Carroll
Phone: 722-2390
Fax: 722-6670

Baron Buzz

KINDERGARTEN QUOTES: Boy saying private prayer- "thank you God for letting me love this place".

Boy- "I am going to draw a pumpkin for Fr. Adam and give it to him because he never gets to go to the pumpkin patch with us" (He did give it to him).

FROM THE ATHLETIC DIRECTOR, PAT HARTER: Fall sports have just wrapped up. Thanks to all the cross country runners, football and volleyball players for all your hard work and to our cheerleaders for supporting our teams and cheering them on. I especially want to thank all our volunteer coaches for the many hours they give to our teams. They make it all happen.

Volleyball players, please clean and return your uniforms to the school office by the end of next week.

Next up is basketball. Practice started this week. At present, we have 70 middle schools participating. Once everything is settled and all forms turned in, we should have 8 or 9 teams entered to play in the CSAL. Games will be starting with the preseason jambo-ree on November 8th. These games will determine the divisions that our teams will be in for league play which will start in December. Blessed Sacrament will be hosting games on approximately 18 dates in November through early February. Parents, if you would be willing to be a gym supervisor this year, I would like to hear from you so you can be added to my list. Dates and times will be available once game schedules are released. It is an easy way to practice stewardship and support our basketball program. Go Barons! Pat Harter

OCTOBER STEWARDSHIP & EVANGELIZATION MESSAGE:

Stewardship Renewal
This is not about money or signing up for ministries.
Yes, we do that too,
but giving our money for the mission of the Church and participating in ministries is the result of being a good steward
of the greatest gift our Father has given us, Jesus Christ!
Fr. Ken VanHaverbeke
Matthew 4:19

10 Easy Halloween Safety Tips
Halloween should be an exciting time of year for children and their parents, but too often the celebration devolves into tragedy. This season, make safety the top priority for your family.

Best Practices for Parents

The U.S. Centers for Disease Control and Prevention (CDC) has compiled a list of Halloween best practices. Follow these tips to keep your family safe:

- Always accompany young children when trick-or-treating.
- Watch for motorists and cross alleys carefully.
- Only visit houses that are well-lit when trick-or-treating.
- Use reflective tape or other light-up devices to increase your child's nighttime visibility, especially when wearing dark costumes.
- Do not let children eat strangers' homemade treats.
- Avoid candles and open flames, especially when in costume.
- Keep costume accessories soft and flexible (for example, swords or knives).
- Examine your children's treats for choking hazards or tampering before they eat.
- Remove any costume makeup before bed to avoid skin and eye irritation.
- Make sure costumes and accessories do not impair visibility or inhibit movement.

Have a Healthy Halloween

Nutrition can be easily overlooked during a holiday best known for its abundance of candy and sugary treats. That is a shame, since about 1 in 5 school-aged children are obese, according to the CDC. This Halloween, consider being the one house on the block that offers healthy trick-or-treat alternatives.

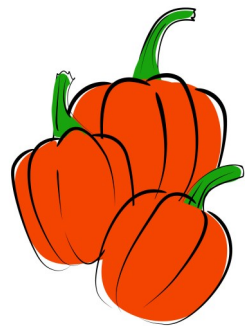
Here are some store-bought snacks that can double as trick-or-treat offerings:

- Dried fruit
- Sugar-free gum
- Pretzels
- Juice boxes
- Snack crackers
- Apples
- Fruit bars
- Cheese sticks

Hidden Dangers at Your Child's Bedtime:

- Babies should always be put to sleep on their backs, according to the National Institutes of Health (NIH). Yet, only 44 percent of U.S. mothers report they always use this method, according to a new study.
- Sleeping on the back reduces a baby's risk of sudden infant death syndrome (SIDS) and other sleep-related dangers like suffocation. Because of this, the NIH has campaigned for over 20 years to promote this sleeping method.
- Mothers who do not always put their babies to sleep on their backs cited baby comfort and family members' advice as reasons against the safer sleep method. However, pediatricians stress that sleeping on the back is the safest position for babies, despite misinformation.

You can further protect against SIDS by sleeping in the same room (but not the same bed) as your baby. Ensure your baby sleeps on his or her back on a firm surface with a tight-fitted sheet. Do not give the baby pillows, blankets or anything that can cause suffocation.



Visit us on the web at:
www.blessedsacramentwichita.com

